



ANZCOR Guidelines

RECENT UPDATES

Updated on 8/04/2026

Adult Advanced Life Support

Guideline 11.6.1 – Targeted Oxygen Therapy in Adult Advanced Life Support

Major changes from previous guideline:

No major changes to the clinical aspects of the guideline. Updating of review evidence, references, and terminology to increase consistency with GRADE terminology.

Go to [guideline](#):

<https://anzcor.org/home/adult-advanced-life-support/guideline-11-6-1-targeted-oxygen-therapy-in-adult-advanced-life-support>

Updated on 17/03/2026

First Aid

Guideline 9.3.3 - First Aid Management of Hypothermia and Cold-Related Injuries

Major changes from previous guideline:

The problem with rapid rewarming of non-freezing cold injuries has been included.

Go to guideline:

<https://anzcor.org/home/first-aid/guideline-9-3-3-first-aid-management-of-hypothermia-and-cold-related-injuries>

Updated on 17/03/2026

First Aid

Guideline 9.2.3 – Recognition and First Aid Management of the Seriously ILL person, including Shock and Sepsis

Major changes from previous guideline:

Exact diagnosis has been de-emphasised and recognition and treatment combined in the one guideline.

Guidelines superseded: 9.2.3 – Shock: First Aid Management of the Seriously Ill or Injured Person November 2019
9.2.12 – Recognition and First Aid Management of the Seriously Ill person including Sepsis April 2021

Go to guideline:

<https://anzcor.org/home/first-aid/guideline-9-2-3-shock-first-aid-management-of-the-seriously-ill-or-injured-person>