



**Australian  
Resuscitation  
Council**



**NEW ZEALAND  
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WHAKAHAUORA AOTEAROA

# Choking (Management of Foreign Body Airway Obstruction)

## Referencing this guideline

When citing the ANZCOR Guidelines we recommend:

*ANZCOR, 2026, Choking (Management of Foreign Body Airway Obstruction), accessed 26 April 2026,*

<https://www.anzcor.org/home/algorithms-and-flowcharts/choking-management-of-foreign-body-airway-obstruction>